

SURVIVAL TRAINING FOR MOUNTAIN, RIVER, SNOW, ISLAND & DESERT SCENARIOS

SHELTER

Shelter construction - Different Constructions & Benefits from each type
Using Natural Resources
Using Tarps
Making Bomas
Bedding options - Above Ground /Hanging beds
Stick walls, screens & firewalls
Designing Various firepits / ovens / cooking platforms etc.
Camp Hygiene
Knots & Lashings, Notches
Cooking Methods - Building tripods etc. drying, smoking etc
Making resin torches
Foraging for materials for use in camp
Making utensils & clothing

WATER

Sourcing Water - springs & plants
Water collection,
Filtration - Gypsy wells, Water filters
Storing water
Desalination of Saltwater
Purification - ways of boiling water & making it safe to drink

FIRE

Fire Safety & Fire builds
Natural materials for making fires
Birds nests - tinder bundles - flash tinders etc
Knowing what to use and what not to use
Establishing Fire - bow drills, flint & steel, fire ploughs etc.
Building firekits

FOOD

Foraging, plants, bugs, fruits, nuts etc
Plant recognition - edible plants, testing
Trapping - Deadfall, Spring loaded, Fish/ Bird traps etc.
Meat preparation - skinning etc.
Hunting techniques
Primitive Bow making
Primitive atlatl making
Blowpipes, Sling shots, Spears, Bolas
Fishing techniques, rods, spears, hooks & bait
Tracking, finding and following animal tracks
Preparing to Hunt & Baiting mammals/birds
Hiding scents

SURVIVAL KNOWLEDGE

Kit preparation
Using knives, axes, machetes safely and maintenance
Cordage
Navigation / Map Reading
Signalling / Communications
Camouflaging
Flint Knapping & Tools
Natural Glues
Security
First Aid using natural resources - stretchers, splints etc.
Use of garbage for Survival
Primitive Skills
Plant recognition - medicinal purposes &
poisonous plants, remedies
Insect repellants

These are some ideas for your Survival & Bushcraft / Classes & Courses